



8 February 2023

Dear Parent/Carer

Support for Young Carers

A young carer is a young person aged 5 – 16 who looks after someone who couldn't manage without their help. This could mean looking after a parent, brother or sister, grandparent or family friend who has a disability, long term illness, or drug and alcohol related issues.

As many as one in 12 pupils could be a young carer, and unless the school is advised about a pupil's home circumstances, some young carers risk first being identified by negative aspects of their behaviour or work. Some young carers may be tired, worried, find it difficult to concentrate and have limited time for friendships and activities after school. If this is the case, we can help. Did you know the Academy can provide extra help for young carers? By offering extra help with homework, flexibility around calling home, advice about how to get your child into school where transport may be an issue, a teacher to talk to and alternatives to after school activities. We may also be able to provide advice on benefits, local support groups and more.

Do you think you have a Young Carer in your household? If so please let Ms Williams, our Designated Safeguarding Lead and Champion for Young Carers know by phone on 0151 260 7600 or williamsc@asfa.allsaintsmat.org

Yours sincerely

A handwritten signature in black ink, appearing to read 'Jo Leech'.

Ms Jo Leech
Headteacher

